

**Ellington Senior Center Calendar**  
**June 2009**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>EMAT APPTS</b> Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beg -10:30am) Tai Chi (adv – 11:30am) Mahjongg 1:00pm Line Dancing 1:30pm  Big Y/Dollar Store	<b>EMAT APPTS</b> Bridge 9:00am Bocce Ball 10:30am Dominos 1:00pm Setback 7:00pm	<b>EMAT APPTS</b> HVCC Transit Podiatry Clinic 9:00am Shuffleboard 2:00pm  <b>Caregiver Education Program</b> <b>(10:00 am)</b>  Shaw's	<b>EMAT APPTS</b> Sew & So/Crafts 9:30am Canasta 1:00pm <b>Lunch &amp; Learn</b> <b>Project Home Share</b> <b>12:00 p.m.</b>  Price Chopper	<b>NO EMATS</b>  Mahjongg 10:00am Pinochle 6:00pm  SAT – 6/6/09 Setback @ 7:00 p.m.
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>EMAT APPTS</b> Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beg -10:30am) Tai Chi (adv – 11:30am) Mahjongg 1:00pm Line Dancing 1:30pm Musical Insights 6:00pm	<b>EMAT APPTS</b> Bridge 9:00am Bocce Ball 10:30am Dominos 1:00pm Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm <b>“Out To Lunch”</b> <b>Triple A Restaurant</b> <b>E. Hartford</b> <b>(1:00 pm)</b>	<b>EMAT APPTS</b> HVCC Transit Shuffleboard 2:00pm  <b>Caregiver Education Program</b> <b>(10:00 am)</b>  Shaw's	<b>EMAT APPTS</b> Sew & So/Crafts 9:30am Canasta 1:00pm Better Age Club – No Business Mtg. <b>TRIAD Senior Safety Day</b> <b>Ice Cream Social</b> <b>(1:00pm – 3:00pm)</b>  Price Chopper	<b>NO EMATS</b>  Mahjongg 10:00am Pinochle 6:00pm  SAT – 6/13/09 Setback @ 7:00 p.m.
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>EMAT APPTS</b> Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beg -10:30am) Tai Chi (adv – 11:30am) Mahjongg 1:00pm Line Dancing 1:30pm Musical Insights 6:00pm	<b>EMAT APPTS</b> Bridge 9:00am Bocce Ball 10:30am Canasta 1:00pm Setback 7:00pm  Geissler's	<b>EMAT APPTS</b> HVCC Transit Memory & Creative Writing (Billard Room) 2:00pm Shuffleboard 2:00pm <b>Trip: The Majestic</b>  <b>Lunch &amp; Learn</b> <b>Comedian David Shikes</b> <b>12:30 pm</b>  Shaw's	<b>EMAT APPTS</b> Sew & So/Crafts 9:30am  Price Chopper	<b>NO EMATS</b>  Mahjongg 10:00am Pinochle 6:00pm  SAT – 6/20/09 Setback @ 7:00 p.m.

22	23	24	25	26
<b>EMAT APPTS</b>  Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beg -10:30am) Tai Chi (adv – 11:30am) Mahjongg 1:00pm Line Dancing 1:30pm  Big Y/Dollar Store	<b>EMAT APPTS</b>  Bridge 9:00am Bocce Ball 10:30am  Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm <b>"Living Independently At Home with Technology &amp; Home Care Services"</b> <b>(1:30 pm)</b> Geissler's	<b>EMAT APPTS</b>  HVCC Transit Shuffle Board 2:00pm     Shaws	<b>EMAT APPTS</b>  Sew & Sew/Crafts 9:30 am Better Age Club 1:00pm Canasta 1:00pm   Price Chopper	<b>NO EMATS</b>  Mahjongg 10:00am Pinochle 6:00pm   SAT – 6/27/09 Setback @ 7:00 p.m.
29	30			
<b>EMAT APPTS</b>  Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (beg -10:30am) Tai Chi (adv – 11:30am) Mahjongg 1:00pm Line Dancing 1:30pm  Big Y/Dollar Store	<b>EMAT APPTS</b>  Bridge 9:00am Bocce Ball 10:30am Setback 7:00pm   Geissler's			<b>*Note: Schedule subject to change without prior notice</b>
Upcoming Activities		Monthly Features		Reminders
Connecticut River in Massachusetts – 7/9/09 (Trip) Twin Lobster Feast – 8/20/09 (Trip) July "Out To Lunch" – Roma Restaurant  <div style="text-align: center;"><u>Evenings</u></div> Cards: Setback – Tuesday & Saturdays 7:00 p.m. Pinochle – Friday at 6:00 p.m.		Blood Pressure Clinic/Diabetic Screen – 2 <sup>nd</sup> & 4 <sup>th</sup> Tues of the month (1:30pm) Exercise Classes – Mondays (9:00am) Line Dancing – Mondays (1:30pm) Memory & Creative Writing – 3 <sup>rd</sup> Thursday of month (1:00pm) Musical Insights – 2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the Month (6:00pm) Podiatry Clinic – First Wednesday of month (9:00am) Sew & Sew/Crafts – Thursdays (9:30am) Tai-Chi – Mondays 10:30am (beg); 11:30am (adv) Anna L. Turner MSW– Elderly Social Worker		Transportation Line: 870-3137 Hours: 9:00 a.m. – 1:00 p.m.  <b>All Information for the upcoming newsletter needs to be into the Directors office no later than 7/6/09</b>